



Presenter: _____ **Date:** _____

To find a spiritual connection with the sacrament of the Eucharist and understand why it stands at the center of the Church's life.

Transubstantiation: the act of changing the substances of bread and wine into the substances of the body and blood of Christ.

1. What do you know about the word Eucharist?

NOTES

ASSIGNMENT

1. Read Luke 22:7-20 *The Last Supper*

A. What do the sacramentals of bread and wine represent?

2. Read Acts 2: 42-47 *Early Christian Community Breaking of the Bread...*

A. Can any common person, like you and I, consecrate the bread and wine into the body and blood of Christ?

3. Read John 6:56: *Whoever eats my flesh...*

A. Now that you know that the consecrated host is not a symbol of Jesus but rather the true presence of Jesus, how does this change your perspective about the sacrament of the Eucharist?

4. Read CCC#1376-1377.

A. When the bread and wine go through the process of transubstantiation, there is one thing that does NOT Change, what is it?

5. Read CCC #1324.

A. The Eucharist is the sacrament that the bishops of Vatican II called the "the source and summit of Christian life." Why do you think this is so?

SELF REFLECTION

Have your feelings changed about the Eucharist?

Pay special attention as the priest recites the Eucharistic prayer during mass; pick a sentence or two that speaks to your heart:
